

Life Examination

How do you view yourself?

A sinner: Do I acknowledge my sin and recognize my need for God's mercy and grace or do I tend to justify myself? Can I acknowledge myself without guilt, recognizing that the sin is real but that forgiveness is also real and I stand justified before God and in His favor? Ps 22:6

As precious: Do I see myself as precious in God's sight? Do I agree with His assessment of me? Do I feel treasured by God and find my worth in that? Ps 43:4

Are you caring for yourself (rest, nourishment, renewal)? Eph 5:29

How do you relate to God?

Do you spend time alone with Him and enjoy Him? Ps 62:1, Ps 63

Do you have time in fellowship with others in which you hear from the Lord and are built up

How do you relate to your spouse?

Do you submit to one another by considering the other's desires? Eph 5:21; Phil 2:1-4

Does the husband take the initiative and ask how he can change (i.e. love his wife by laying down his life) to meet his wife's needs and bless her? Eph 5:25

Does the wife submit by supporting the husband's initiatives, taking them seriously, helping him clarify them before the Lord and then helping the plan succeed? Eph 5:22

Do you pray together? 1 Pet 3:7

How do you relate to your parents?

Do you honor your parents? Eph 6:2 For young children honoring includes obeying.

How do you relate to children?

Are you nurturing them by giving them time and affection? Are you winning their hearts?

Are you instructing, guiding and correcting them? Eph 6:4

How do you relate to brothers and sisters?

Do you discuss offenses you cannot overlook and resolve them by forgiving and laying aside the offense? Matt 18

Do you have brothers/sisters you can call on in time of need? Are you free to help your brothers/sisters in their need? 1 Jn 4:21; Jas 2:15

Do you have fellowship with brothers and sisters and pray with them? 1 Tim 2:8