

# Life Examination

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## How do you view yourself?

A sinner: Do I acknowledge my sin and recognize my need for God's mercy and grace or do I tend to justify myself? Can I acknowledge myself without guilt, recognizing that the sin is real but that forgiveness is also real and I stand justified before God and in His favor? Ps 22:6

As precious: Do I see myself as precious in God's sight? Do I agree with His assessment of me? Do I feel treasured by God and find my worth in that? Ps 43:4

Are you caring for yourself (rest, nourishment, renewal)? Eph 5:29

## How do you relate to God?

Do you spend time alone with Him and enjoy Him? Ps 62:1, Ps 63

Do you have time in fellowship with others in which you hear from the Lord and are built up

## How do you relate to your spouse?

Do you submit to one another by considering the other's desires? Eph 5:21; Phil 2:1-4

Does the husband take the initiative and ask how he can change (i.e love his wife by laying down his life) to meet his wife's needs and bless her? Eph 5:25

Does the wife submit by supporting the husband's initiatives, taking them seriously, helping him clarify them before the Lord and then helping the plan succeed? Eph 5:22

Do you pray together? 1 Pet 3:7

## **How do you relate to your parents?**

Do you honor your parents? Eph 6:2 For young children honoring includes obeying.

## **How do you relate to children?**

Are you nurturing them by giving them time and affection? Are you winning their hearts?

Are you instructing, guiding and correcting them? Eph 6:4

## **How do you relate to brothers and sisters?**

Do you discuss offenses you cannot overlook and resolve them by forgiving and laying aside the offense? Matt 18

Do you have brothers/sisters you can call on in time of need? Are you free to help your brothers/sisters in their need? 1 Jn 4:21; Jas 2:15

Do you have fellowship with brothers and sisters and pray with them? 1 Tim 2:8